

**NEW EPISODES OF MEETING OF THE MINDS START IN MAY**  
**By Karen Zarsadias-Ige, Public Information Officer II**



Starting in May, all-new episodes of the 10-minute monthly Los Angeles County Department of Mental Health's (LACDMH) *Meeting of the Minds* show will be on the air again! The show will be broadcast on the LA County Channel, available through your local Los Angeles area cable provider.

Each monthly episode will also be available for viewing on the department's website, Facebook page and YouTube channel. To view it from your personal computer, search for "LACDMH PIO" on Facebook and YouTube.

Funded by the voter-passed Mental Health Services Act (MHSA), the monthly show informs residents about the latest news, updates and developments related to mental health and LACDMH. The show features three segments: News, Message from the LACDMH Director (Marvin J. Southard, D.S.W.) and Walk the Talk.



The news segment will feature the latest mental health-related information and stories. During the Message from the Director segment, Dr. Southard will share a brief, topical message, specifically for residents of Los Angeles County. The final segment, Walk the Talk, is a one-on-one discussion with a mental health subject matter expert and/or individual who has successfully overcome barriers related to being diagnosed with mental illness, including bipolar disorder, schizophrenia, depression, post-traumatic stress disorder (PTSD), anxiety and depression.

As part of LACDMH's anti-stigma and social inclusion campaign, *Meeting of the Minds* reinforces the Department's mission of *Hope, Wellness and Recovery*. Archived shows of *Meeting of the Minds* will be posted on the LACDMH website as well as on the LACDMH Facebook and YouTube pages.

